

Na Kilohana 'O Wahine
The Superior of Women

Honolulu, Hawaii

*A Chapter of the
American Business
Women's Association
Chapter No. 6289*



inside this issue:

Member's Presentations	1
President's Message	2
Spring Membership Recruitment Campaign	3
Anniversaries, Birthdays and Announcements	4
Best Practice Updates	5
ABWA's Proud Code of Conduct	5



NEW ADDICTION: You Tube, Amazing What You Can Find There!

Wednesday, February 13, 2013

5:30 pm to 8:30 p.m.

JCCH – 2454 South Beretania Street

\$26 NKOW members / \$29 non-members

Validated parking: \$5

A graduate of the University of Hawaii at Manoa, she holds a bachelor's degree in English. She is a past president and fundraising chair for the Na Kilohana "O Wahine Chapter of the American Business Women's Association.



Yvonne Ako

Guest Speaker's Topics: "New Addiction: Bruno Mars!", Chris Ogawa & Marie Espiritu: "My Travel Passion"



Marie Espiritu

Residential Loan Officer at Bank of Hawaii and member since June, 2012

Chris Ogawa - Student at University of Hawaii, scholarship recipient of NKOW and member since February, 2012



**EAT BETTER,
LIVE BETTER!**

You try to be good to your heart. But sometimes it's hard to know where to start.

It means taking that extra flight of stairs. It means cutting down on stress. And it means taking time to think about what you eat.

REGISTER TODAY!!

*2013 Regional Conference
Districts II and VI
San Diego, CA - March 14 – 16, 2013
Complete Registration:
\$278 early cut-off is **February 7**
Or, \$328 regular fee
Register online at: www.abwa.org*



The Mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

Presidents Message:



Warm Valentine's Greetings::

It was a heartwarming charity event with the Foster Children's Christmas party – thank you to Community Service Chairs Claire Arakawa and Gerri Migita! It was an experience learning how to apply those tattoos and the letters to Santa were overwhelming, too. Our Chapter T-shirts were superb! Thank you to the Chairs for all the pastries and bottled water! We had another awesome Holiday celebration with tons of goodies (including SPAM from Brandon!), Iris made those hard games and the fruit basket creation challenge was cool, and of course winning Myrtle's prizes makes the competition tough! I still protest having to find all those elves- too hard!!!!

Thank you to VP Haunani Yano-Medeiros for stepping up and conducting her 1st ABWA meeting! We started the New Year with info on Ziggy – Akiko's new addition to her family! I got to meet Buddy and Bella Barr (Karen's children) at the doggie park! We had another inspirational event with Alice Inoue welcoming in the year 2013 and the time for change and letting go because we can't go back! She was so surprised and grateful for the red envelopes of blessing exchange of energy presentation – thank you, it was beautiful!

This month, we will hear Yvonne's passion – YouTube and we will also have a mini-session on Simple Practices to Boost Your Happiness! Don't forget to sign up for the WIN, Weebly and more session to be held at ING Direct on February 16th and get ready for more technology tidbits as we have the Excel class conducted by Chassidy Shinno and Powerpoint by Myrtle Ching-Rappa later in the month! We certainly have many talented members and they are all so willing to share!

Keep Smiling!

Patti Ann Hokama, President

*Professional Development Opportunity:
"WIN – Women's Instructional Network"*

February 16th – 9:30 – 11:30 a.m.

Tree Tops Restaurant

(Free to NKOW members)

ABWA Na Kilohana O Wahine invites you to
[Easy Excel & Powerful Powerpoint Sessions](#)

Saturday, February 23rd – 9:00 a.m. – 2:45 p.m.

Location: UH Computer Lab

Members: \$10 includes / Non-members \$20 (includes bento lunch) - R.S.V.P: February 27th by E-Vite

Instructors: Chassidy Shinno on [Excel Basics](#) & Myrtle Ching-Rappa on [Powerpoint](#)

You'll be amazed at the influence one person can bring!

inspire community

One fired-up person can create results beyond their own experience. It's like ripples emanating when the stone hits the water. The effects spread wider and wider, changing the face of the pond. *Where will your ripple start?*

ABWA
AMERICAN BUSINESS WOMEN'S ASSOCIATION



Spring Membership
Recruitment Campaign
March 1-May 30, 2013

Put Some Spring in Your Step and Some *Recruiting* in Your Spring!

You would be amazed at the influence that one person can bring to a community. One fired-up person can create results beyond their own experience. It's like ripples emanating when the stone hits the water. The effects spread wider and wider, changing the face of the entire pond. When you introduce someone new to ABWA during the 2013 Spring Membership Recruitment Campaign, you'll see how just one person can have a similar effect in your leagues, your communities, and beyond. You too can change your own world when you get more involved with ABWA.

All the tools you need to make your recruitment campaign a success are now available in the WIN Library:

- **ABWA's Member Recruitment Brochure**
- **ABWA At A Glance Fact Sheet**
- **ABWA Annual Events Promotional Flyer**
- **Designing Your ABWA Experience**—the new member orientation brochure and video tutorial will walk new members through the benefits of the Association and encourage them to select and assemble these benefits to design an ABWA experience that is uniquely their own.
- **ABWA Membership Application**

If every member of your league could recruit just one new member this Spring, you would double the size of your Chapter or Express Network in just a few short months. With committed members like you creating this ripple effect, ABWA will continue *changing women's lives one woman at a time*.

Login to WIN for all of your recruitment tools and start your own ripple effect by sharing your recruitment tips and inspiring your ABWA community!



(800) 228-0007 • www.abwa.org



ABWA Annivrsaries:

Nancy Walter – 44 years
Nancy Peichich – 20 years
Lee Ann Matsuda – 20 years
Anastasia Keller-Collins – 2 years
Christroad Ogawa – 1 year

Birthdays:

Cordie Fukuhara – 3/5
Haunani Yano-Medeiros – 3/5
Yvonne Ako – 3/29

New Members:

Karen Chang Barr
Lorraine Taki

Announcements:

We need help for the upcoming GARAGE SALE on the following days:

March 22 (Friday) – Set-up at 4:00 p.m.
March 23 (Saturday) – 6-7:00 a.m. till closing
777 Elepaio Street, Kahala (Yvonne’s home)

If you are available for any or both days, PLEASE CONTACT Leilani or Roena to SIGN UP! We certainly appreciate the time involved with this fund raising project.

UPCOMING CHAPTER EVENTS

February 13: Monthly Meeting at JCCH

February 16: Member’s Education & Professional Development at Tree Tops Restaurant

February 23: Member’s Education Event at UH Computer Lab

March 13: Monthly Meeting at Japanese Community Center

March 14: Regional Conference in San Diego, CA

March 23: Garage Sale

March 20: Newsletter Deadline for April issue. Send to gloriakelly3@gmail.com

2012-2013 ABWA Annual Theme

Let this year’s annual theme—Together We Can, Together We Will—serve as a reminder of ABWA’s mission: to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.


As women, we need a strong and vital community of ABWA members like you—so we stay strong together. Members who are committed to learning, mentoring, and growing our ABWA community. It may be a cliché to say, “there is strength in numbers,” but clichés often hold great truths. Commit to growing ABWA and use the annual theme as your mantra. We can—and we will—grow stronger together!

2012-2013 Team Vision Statement: Na Kilohana ‘O Wahine is a thriving garden with seeds planted in recognition of the diversity of our members’ unique talents and abilities. We will grow and blossom through mentoring and supporting each other.

Best Practices Updates	Score
Members (30-50)	31
Good Standing	x
Slate of Officers	x
All EB positions assigned	x
Submitted \$100	x
Tax return by 12/17th	x
Chapter Woman of the Year	
Top Ten Business Woman Nominee (3 recruits)	
SBMEF contribution	x
Member Survey (10)	x
SPOT Analysis	x
Vision Statement	x
Striving for Best Practices Course	x
Annual Business Plan and Budget	x
Category on WIN: Business Plan	x
Officers and Chairs on WIN	x
Standing Rules approved with ABWA's Proud Code of Conduct	x
Category on WIN: Standing Rules	x
Professional Development Programs (9)	5
25% of Operating Budget - Program	x
Sponsor Conferences (3-6)	
One Attendee for National 2013	
Newsletters (6)	3
Category on WIN: Newsletters	x
Uploaded Newsletters to WIN	x

ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

<p><u>2012-2013 Committee Chairs</u></p> <p>Publicity & Program: Executive Board Professional Development: Chas Shinno & Brandon Toro Hospitality: Lena Yafuso & Donna Miyashiro Membership: Anastasia Keller-Collins Newsletter: Gloria Kelly Fundraising: Roena Alexander & Leilani Alcover Community Service: Claire Arakawa & Gerri Migita Scholarship: Executive Board</p>	<p>Patti Ann Hokama Chapter President</p> <p>Gloria Kelly, Editor Na Kilohana 'O Wahine 10428 Britton Hill Ave. Las Vegas, NV 89129</p> <p>Phone: 702-505-7485 gloriakelly3@gmail.com</p>	<p><i>A Chapter of the American Women's Business Association</i></p>  <p>ABWA AMERICAN BUSINESS WOMEN'S ASSOCIATION</p>
--	---	---