

## The Superior of Messages

Na Kilohana O Wahine Chapter

The Superior of Women

Honolulu, HI

A Chapter of the  
American business  
Women's Association

Chapter No. 6289



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## THE MAGICIANS BEHIND THE SCENES



Behind every show, every sports event, there are unsung heroes who take care of the operations of the venue, costume designers, technical directors and many others who work countless hours behind the scenes to make sure every event goes off without a hitch and the audience is entertained and happy.

Mary Lewis the Productions Manager for the Blaisdell Center and Waikiki

**The Mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition**

Shell. She received her MFA in scenic design from the University of Hawaii at Manoa, served as the productions manager at Mamiya Theatre before joining the City and County of Honolulu at Blaisdell where she has served now for 23 years.

For *Lion King*, Mary has to figure out how to fit the cast of 40 actors and many sets, costumes and masks off-stage but accessible. In most mainland theatres, there is a basement where all of this goes.

While attending *Lion King*, watch for the "magic" that seems impossible. The February meeting will be the opportunity to ask Mary about what goes into putting such a production on. She might even answer a few questions about Bruno Mars.



## Quotes on Theatre

You can dream, create, design and build the most wonderful place in the world ... but it requires people to make the dream a reality. ~Walt Disney

The reason we struggle with insecurity is because we compare our behind-the-scenes with everyone else's highlight reel. ~Steven Furtick

Ultimately one has to pity these poor souls who know every secret about writing, directing, designing, producing, and acting but are stuck in those miserable day jobs writing reviews. Will somebody help them, please?" ~David Ives

Something in me was responding now as the audience responded, not in fear, but in some human way, to the magic of that fragile painted set, the mystery of the lighted world there. ~Anne Rice, *Interview With The Vampire*



# President's Message



Haunani Yano Medeiros

Aloha NKOW members:

Thank you all for making our Christmas Party/Craft Fair a success! We had a lot of fun with the games and goodies. Thank you to Roana and Myrtle for putting on a great party and to all the vendors who participated in our craft fair. Also, thank you to Anastasia, who

coordinated our community service event with Family Programs Hawaii. We had a lot of fun making reindeer and snowflakes with the keiki.

We heard from Maxine Drake of Med-Esthetics Consulting Group at our January meeting. It was very interesting to learn about our skin and what products are good and bad for our skin.

Please join us on February 7<sup>th</sup> as we join in the excitement of the Lion King. We are looking forward to hearing from Mary E. Lewis, Production manager at the Blaisdell Center and Waikiki Shell. She will be talking about what goes on behind the scenes on Wednesday, February 12<sup>th</sup>. Bring a friend and join in on the fun!

*Haunani*

T. Haunani Yano-Medeiros,  
President







## New Year's Resolutions—by Myrtle Ching-Rappa

The tradition of making New Year's resolutions can be traced back to the ancient Babylonians who made promises to their gods at the start of each year that they would return borrowed objects and pay their debts.

The Romans made promises at the beginning of each year to the god Janus, for whom the month of January is named.

In the Medieval era, the knights during the last feast of the Christmas week, would place their hands on a live or roasted peacock and recommit themselves, to the ideals of chivalry for the next 12 months.

African Americans gather on New Year's Eve for "watch night services," to welcome in the New

Year by praying and making resolutions of charity and forgiveness. This practice started on December 31, 1862 when they gathered to wait for January 1, 1863 when the Emancipation became law and the slaves were freed. There are other religious parallels to this tradition. For Catholics, resolutions can be traced back to promises of giving up certain things for Lent.

Resolutions for religious reasons were generally kept. The success rate for modern day resolutions for more other reasons are not so good. While you make (or don't make) your New Year's resolutions this year, consider the following statistics (from

... Continued on Page 4 - New Year's Resolution

**Future Events**

**February—Theme: Theatre**

- 7th—Member Ed: *Lion King*, Blaisdell Concert Hall. Show at 8:00 p.m.. Recommend you arrive an hour early.
- 12th—Monthly Meeting: Speaker: Mary E. Lewis, Production Manager at Blaisdell Center as well as Wakikiki Shell—“*Behind the Scenes*”

**March—Theme: Ocean**

- Date TBD—8:45—10:45 a.m. Member Ed—Star of Honolulu Whale Watching
- Spring Member Enrollment Begins, runs through May
- 12th—Monthly Meeting: Speaker: Gavin Iwai, Hanauma Bay Education Assistant/Service Learning Coordinator - *Marine Education & Photography*  
⇒ Appoint Nominating Commit-

tee

⇒ Nominations for WOY/Top Ten

- Date TBD—Garage Sale, 777 Elepaio—Kāhala
- 22nd—Newsletter deadline
- 27-29th Central Regional Conference—Fort Wayne, IN
- 31st—Executive Board Meeting

**April—Theme: Earth Day**

- 9th—Monthly Meeting:  
⇒ WOY/Top Ten Voting
- 10th—12th: Western Regional Conference, Sugar Land, TX
- 19th—Newsletter Deadline
- 19th—Community Service: Hanauma Bay Clean-Up  
⇒ Spring Enrollment  
⇒ BBQ
- 24th-26th Eastern Regional Conference, Roanoke, VA

- 28th—Executive Board Meeting

**May—Theme: Dairy**

- 14th—Monthly Meeting.  
⇒ Elections  
⇒ WOY/Top Ten Event/Educational Celebration
- 24th—Newsletter deadline
- 26th—Executive Board Meeting

**June—Theme: Supporting Local**

- 18th—Monthly Meeting.
- 21st—Newsletter Deadline
- 30th - Executive Board Meeting

**July—Politics**

- 9th—Monthly Meeting.  
⇒ Perfect Attendance  
⇒ Installation of New Officers  
⇒ Audit Committee Selection
- 19th—Newsletter Deadline
- 30th—Executive Board Meeting

**New Year’s Resolution (con’t from page 3)**

Huffington Post quoting research by the University of Scranton, Journal of Clinical Psychology.) Resolutions for religious reasons were generally kept. The success rate for modern day resolutions for more other reasons are not so good. While you make (or don’t make) your New Year’s resolutions this year, consider the following statistics (from Huffington Post quoting research by the University of Scranton, Journal of Clinical Psychology.)

- Percent of people who are successful in achieving their resolution 8%
- Percent who have infrequent

success 49%

- Percent who never succeed and fail on their resolution each year 24%

On the brighter side: People who explicitly make resolutions are 10 times more likely to attain their goals than people who don’t explicitly make resolutions. Here are some suggestions to improve your chances success.

- Write it down
- Be specific
- Have a plan
- Make it public
- Find a confidant to keep you on track

Good luck!

**Chinese New Year: Year of the Wooden Horse**

The Chinese year 4712 began on Jan. 31, 2014. Each year is represented by an element and an animal. The wooden horse symbolizes wood, fire and energy. Astrologers predict this will be a year of conflicts. Even years are also “yang” years which means people will stand firm on their principles and values. Negotiations and compromises will be difficult.

People born in the year of the horse are animated, active, independent and energetic. They enjoy being in a crowd. They have good communication skills and are clever and humorous. People born in the year of the rat, ox, rabbit or horse make the best partners. Their lucky colors are green red and purple, and the numbers 3, 4, and 9 will bring fortune.

<http://www.theguardian.com/lifeandstyle/2014/jan/31/eight-things-you-probably-didnt-know-about-year-of-horse>



## ABWA's Proud Code of Conduct

All members will serve as goodwill ambassadors for the American Business Women's Association.

Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.

Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.

Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.

Members will not use their personal power to advance their personal interests.

Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.



T. Haunani Yano-Medeiros,  
President

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### Vision Statement 2013-2014:

*Na Kilohana O Wahine believes in the empowerment of women through educating our members, supporting our environment, and also giving back to our community. We welcome the special opportunities that surround our unique island home as we explore, honor, and respect the beauty it offers us daily.*

### 2013-2014 ABWA Annual Theme

**Inspire and be inspired with ABWA!** It's amazing the influence that one person can bring to a community. One fired-up person can create results beyond their own experience. As a member of ABWA, you have the power to change your own world when you become more involved with ABWA and begin to inspire—and be inspired by—your fellow members, your league, and your community.

Become an inspiration leader in your Association and you could: provide a fellow member with the motivation to get involved with a local league; improve your own business skills, like public speaking, and expand both your business and personal networks; discover new opportunities within the Association, both at the local and national levels; assist your local league in recruiting and retaining new members. With committed members like you creating this ripple effect, our Association will continue changing women's lives one woman at a time.

# Next Monthly Meeting: February 12th



*"Behind the Scenes"*  
*Mary E. Lewis, production manager at Blaisdell Center and Waikiki Shell.*

5:45 p.m. - Networking  
Meeting start at 6:00

**Raffles: A-M**

### Menu:

Rice Pilaf, Mixed Greens w/dressing, Roast Beef w/gravy, Chicken Marsala, Eggplant Parmesan, Vegetable du jour, Strawberry Iced Cream w/mint garnish, Iced Tea, Hot Coffee, and Hot Tea w/ Condiments

### Cost:

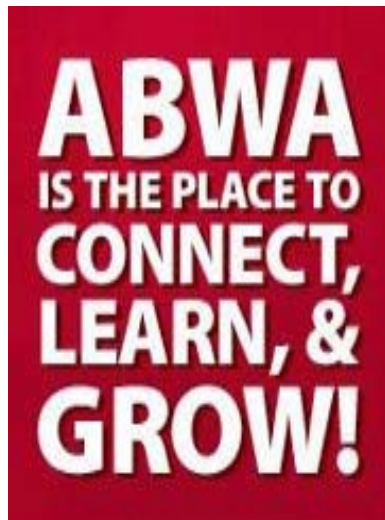
\$26.00—Members  
\$29.00—Non-Members  
\$5.00—parking

### RSVP:

Sunday, February 9th through Evite or call Roeana at **223-2942**



Gilman Hu, narcissus carving Guru with some of his former students. Myrtle will (hopefully) bring some plants to the February meeting for auction and/ or raffle..



## 2013-2014 Chapter Officers & Committee Chairs

**President:** T. Haunani Yano-Medeiros  
**Vice-President:** Roeana Alexander  
**Secretary:** Akiko Ogawa  
**Treasurer:** Patti Ann Hokama

**Auditing:** TBD  
**Community Service:** Anastasia Keller - Collins & Lanae Santos  
**Fundraising/Advertising:** Leilani Alcover & Executive Board

**Education/Professional Development Program:** Executive Board  
**History:** Executive Board  
**Membership:** Marie Espiritu  
**Newsletter:** Myrtle Ching-Rappa  
**Nominating:** TBD  
**Scholarship:** Gloria Kelly & Claire Arakawa  
**Website/Facebook/Publicity:** Executive Board  
**WOY/Top Ten:** T. Haunani Yano-Medeiros & Yvonne Ako

*A Policies and Procedures manual will be compiled this year for guidance to leadership and committees along with branding directions from National.*