

The Superior of Messages

Na Kilohana O Wahine Chapter

The Superior of Women

Honolulu, HI

A Chapter of the
American Business
Women's Association

Chapter No. 6289

*Here's to another 65
years:
changing women's lives,
one woman at a time...*



Inside this issue:

President's Message	2
Best Practices Scorecard	3
2014-15 Executive Board	4
Monthly Meeting Details	4
Message from EB	5



Lisa Jacobs, J.D.

Compassionate Communication

Ms. Lisa Jacobs is an attorney who has been licensed to practice law in Hawaii for the past 20 years. She found her calling as a Collaborative Attorney and Mediator, and opened her own firm, called Better Way Divorce, also known as Pono Divorce, where she devotes 100 percent of her practice using non-adversarial approaches to assist couples to arrive at full and sustainable agreements. counseling and financial planning. Collaborating with the couple and with team members, instead of fighting with ongoing litigation, results in reducing the financial and emotional damage inherent in

an adversarial divorce,

Ms. Jacobs is pioneering the growth of Collaborative Divorce in Hawaii, because she is passionate about helping families navigate the divorce process in ways that are less destructive, especially in cases where couples have children.

Ms. Jacobs uses the method of Compassionate Communication to enhance both her professional and personal relationships with others, and also as a modeling tool for couples in her practice who are experiencing unresolved conflict. She grew up in Los Gatos, California, where she attended Los Gatos High School. She received a Bachelor of Arts degree in Communication and her Juris Doctorate Degree from Santa Clara University. Ms. Jacobs and her husband, David, have been happily married for the past 18 years. They have an adult son and two daughters.

The Mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and

Quotes "Conflict Resolution"

Every problem has a gift for you in its hands. – Richard Bach

Never ascribe to an opponent motives meaner than your own. – John M. Barrie

Speak when you are angry and you will make the best speech you will ever regret. – Ambrose Bierce

Transformation comes more from pursuing profound questions than seeking practical answers. – Peter Block

Forgiveness does not change the past, but it does enlarge the future. – Paul Boese





President's Message:

Na Kilohana 'O Wahine members:

Aloha! Welcome to another inspir-

ing month of friendship and gratitude.

We are very fortunate to "Live Ha-waii", where it is 80 degrees year round and our seasons do not change much. However, in a paradoxical sense, many constants are always changing around us and with-in each of us: in our personal health and spiritual well-being, in our families, in the work place and in our personal capacities, to learn, develop and grow. My personal philosophy on change is that we embrace it and learn how to adapt to these new developments in our lives.

ABWA is here to change women's lives, One woman at a time.

October was a very busy month on all fronts. Mary Dale was a wonderful speaker - informative and funny! We have learned valuable insights of managing and owning a business. Her lessons have afforded us a greater understanding

and respect for business owners. We were also able to hear from member Diana Gatdula, who was able to share her savvy financial tips with us as well as her admirable pursuit to be a financial planner. This month, I am so excited to listen to Lisa Jacobs, who will be talking to us on the topic of *Compassionate Communication*. I also cannot wait to tell you about the National Women's Leadership Conference.

Mary Li is coordinating a Canned Food Drive to donate goods to Aloha Harvest. Please bring your donations to the meeting this month.

I would like to commend and thank you all, for adding value to each other's lives and inspiring changes that help us grow as an organization. Here's to ABWA - changing one women at a time.

Aloha,

Marie Amarosa



What is Collaborative Practice?

Collaborative Practice is a voluntary dispute resolution process in which parties settle without resort to litigation.

In Collaborative Practice:

1. The parties sign a collaborative participation agreement describing the nature and scope of the matter;
2. The parties voluntarily disclose all information which is relevant and material to the matter that must be decided;
3. The parties agree to use good faith efforts in their negotiations to reach a mutually acceptable settlement;
4. Each party must be represented by a lawyer whose representation terminates upon the undertaking of any contested court proceeding;
5. The parties may engage mental health and financial professionals whose engagement terminates upon the undertaking of any contested court proceeding; and
6. The parties may jointly engage other experts as needed.

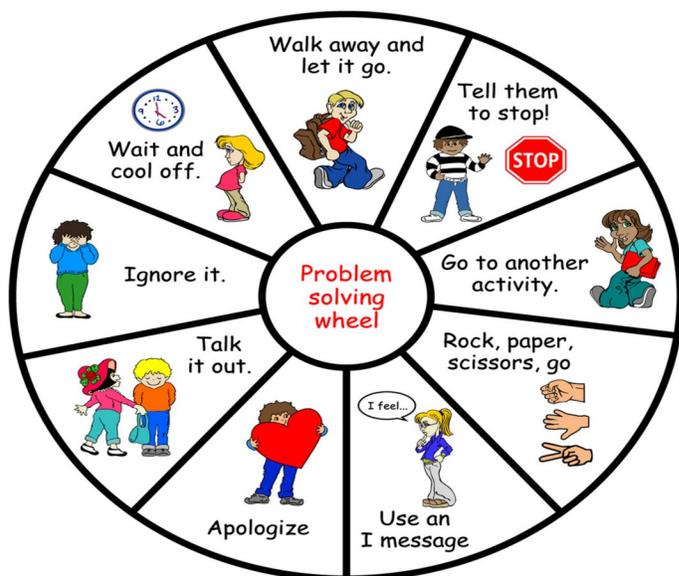
Collaborative Practice provides you and your spouse or partner with the support and guidance of your own lawyers without going to court. Additionally, Collaborative Practice allows you the benefit of coaches, child and financial specialists all working together with you on your team. In Collaborative Practice, core elements form your commitments to this process, which are to:

- Negotiate a mutually acceptable resolution without having courts decide issues.
- Maintain open communication and information sharing.
- Create shared solutions acknowledging the highest priorities of all.

Source: [http://](http://www.collaborativepractice.com/)

www.collaborativepractice.com/

What can I do?



Done: 18 **Best Practices Level III** **To Be Done: 8**
In Progress: 5 **SCOREBOARD** **Time Left: 8 mos.**

It takes every member doing their part to be a Best Practices chapter. Many of these items are completed by the Executive Board. Let's support their effort by doing our part to make Na Kilohana 'O Wahine, the best it can be.

Study this list and think about which items you can contribute to. Make the commitment to help Na Kilohana 'O Wahine win Best Practice again. Bring in a new member

- Attend the regional conference
- Complete the member survey (even if we have completed this item)
- Participate in the SPOT analysis (Sept. meeting)
- Suggest and/or help with Member Education events
- Help prepare someone for WOTY or National Top Ten

Items Completed:

- Slate of Officers & Chairs Submitted
- Officers Elected
- Liability Insurance Paid
- Execs Complete 2014-15 Striving for Best Practices Course & ABWA Experience Courses
- Uploaded Business Plan, Budget, SPOT

- Member Interest Survey
- Vision Statement on WIN
- Business Plan on WIN
- Budget on WIN
- Created 2014-15 Annual Business Plan folder in WIN Library
- Adopted Standing Rules
- Notice in Newsletter that Standing Rules were adopted (President's Message—Sept. issue)
- Created 2014-15 Standing Rules folder in WIN library
- Upload Adopted Standing Rules
- Created 2014-15 Newsletter folder in WIN library
- Maintain compliance with ABWA brand guidelines
- Website with National Requirements
- Facebook Page with National Requirements

Items in Progress:

- Primary Members 22/30
- Professional Development Programs (45 mins) 3/9
- Upload Current Newsletter 4/4
- Newsletters with National requirements (qtrly) 1/4
- Sponsor 4 members to regional/national meetings 2/4

Items To Be Done:

- New Member 2014-15 0/1
- IRS 990N file 12/15/2014
- Copy of Tax Return in Binder
- Chapter Woman/Man of the Year Elect
- Top Ten Nominee Elect
- Officers & Chairs dues current through July 31, 2015
- Awards Binder Complete and Send by July 31, 2015 to ABWA National
- Awardee Acceptance at 2015 National Conference in Albuquerque, NM

Let's all do our part. Get Involved and be an ACTIVE member!!



Next Monthly Meeting: November 12, 2014

American Savings Bank;
Conference Room, 2nd flr,
929 Queen Street (corner
of Ward/Queen)

Menu: Hot Meal, Drinks

Cost:

\$20.00—Members
\$24.00—Non-Members
FREE parking

RSVP: Sunday, November
9th, through Evite or call
Patti 593-1803

Please note that any cancellations received after 11/9 will be subject to no-show fee of \$20 for members and \$24 for non-members.

Speaker: Lisa Jacobs
*Topic: Compassionate
Communication*

5:30 p.m. - Networking
Meeting start at 6:00

Raffles: N-Z



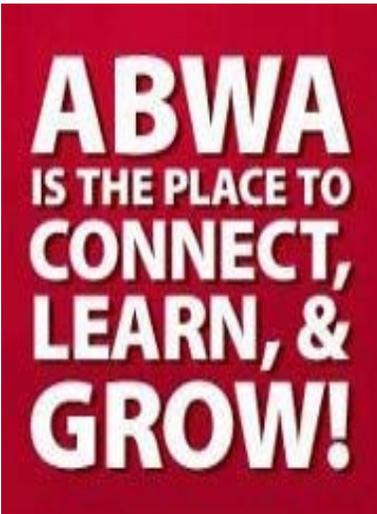
Vision Statement 2014-2015:

“Na Kilohana O Wahine believes in increasing the value of women by encouraging professional development through leadership, networking, collaboration, and motivating each other in our daily lives.”

2014-2015 ABWA Annual Theme

65th Anniversary of ABWA! For 65 years, ABWA has strived to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition. Here’s to another 65 years: *changing women’s lives one woman at a time!*

Become an inspiration leader in your Association and you could: provide a fellow member with the motivation to get involved with a local league; improve your own business skills, like public speaking, and expand both your business and personal networks; discover new opportunities within the Association, both at the local and national levels; assist your local league in recruiting and retaining new members. With committed members like you creating this ripple effect, our Association will continue changing women’s lives one woman at a time.



2014-2015 Chapter Officers & Committee Chairs

- President:** Marie Amarosa
- Vice-President:** Brandon Toro
- Secretary:** T. Haunani Yano-Medeiros
- Treasurer:** Patti Ann Hokama
- Auditing:** TBD
- Community Service:** Mary Li
- Fundraising/Advertising:** Executive Board
- Professional Development:** Yvonne Ako
- History:** Executive Board

- Membership:** Diana Gatdula and Lesley Uemura
- Newsletter:** Myrtle Ching-Rappa and LorMona Meredith
- Nominating:** TBD
- Scholarship:** Claire Arakawa
- Website/Facebook/Publicity:** Executive Board
- WOY/Top Ten:** T. Haunani Yano-Medeiros & Patti Ann Hokama

ABWA's Proud Code of Conduct

All members will serve as goodwill ambassadors for the American Business Women's Association.

Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.

Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.

Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.

Members will not use their personal power to advance their personal interests.

Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Message from Executive Board:

Please login to WIN: Complete the National Member Interest Survey.

Fundraiser: Festival of Giving Event Discount Passes \$10

Charity: Bring canned goods for the Aloha Harvest Participation.

Bring your Mini-Garage Sale/Craft items for us to purchase and help you make some extra \$!

Share your raffle lucky number/silent auction items for us to grow!

Interested in starting the Members' Library again, let us know.

Create the Chapter that you desire—GET INVOLVED, PARTICIPATE!!

Marie Amarosa, President
Myrtle Ching-Rappa & LorMona Meredith, Co-Editors
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