

The Superior of Messages

Na Kilohana O Wahine Chapter

The Superior of Women

Honolulu, HI

A Chapter of the
American Business
Women's Association

Chapter No. 6289

**Here's to another 65
years:
changing women's lives,
one woman at a time...**



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Myrtle Ching-Rappa has built a very successful team at the University of Hawai'i where she spent 43 years of her career. She was able to build a team of 2 to over 15 professionals and as many student employees. Her initial budget was just over \$50,000. Her last budget was well over \$1M.

Myrtle will conduct a fun and interactive session on team building based on her experience at the University as well as years of research on the topic. Teamwork occurs when individuals of the team care more about accomplishing the team's goals than their own. Usually, advancing the organization will result in the

Teamwork: Surrender the "ME" for the "WE"

advancement of team members. Activities will demonstrate the elements of good teamwork.

On the other hand, a team is only as strong as its weakest member. Who is the weakest member on your team and how can you strengthen that person? This will also be discussed.

Myrtle has conducted versions of this workshop in a number of venues including a conference of the National Student Employment Association, where it won best of conference.

Come join in the fun, participate in the exercises and learn about effective team building. If you have a specific question or problem you want to have addressed, send Myrtle an email at chingrappa.myrtle2@gmail.com.

Teamwork Quotes

Teamwork makes the dream-work.—*John Maxwell*

Talent wins games, but teamwork and intelligence win championships.—*Michael Jordan*

None of us is as smart as all of us.—*Ken Blanchard*

If everyone is moving forward together, then success takes care of itself.—*Henry Ford*

We = power—*Lorii Myers*

The Mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.



Aloha NKOW members!

We had a great time with our Garage Sale at Myrtle's house we made over \$500! Great Job! Great Teamwork! Big, Big Thank you to Myrtle for hosting the garage sale! Patti and everyone who helped prep and breakdown, and all your donations and hard work, you know who you are!

President's Message

Also, thank you Yvonne Ako for inviting Wendy Oshiro from Open Mortgage, LLC to educate us about Reverse Mortgage features, benefits and costs of the government-insured reverse mortgage program. It is a great financial tool for future retirement planning.

This March, we have our very own Myrtle Ching-Rappa speaking on TEAMBUILDING at the upcoming meeting on March 11th .

On March 30th ABWA is partnering with Bizjournal for the Second Annual Bizwomen

Mentoring Monday from 7:00 am - 9:00 am at the Hawai'i Prince Hotel. It will be my first time attending and I encourage you all to volunteer as well. We will all staff our information table but will all have the opportunity to participate in the mentoring activity. Na Kilohana 'O Wahine will reimburse the attendance fee for anyone who puts in a little time at the information table. See evite for details. It will be a great experience.

Sincerely,

Marie

Marie Amarosa
2014-15 President

Spring Enrollment

Introduce friends, family and colleagues to ABWA

**Grow You,
Grow Together
Spring 2015**

Recruit one new member during the 2015 Spring Membership Recruitment Campaign, from March 1-May 31, and you'll receive a pinwheel lapel pin—a playful reminder of everything we can achieve together in ABWA.



Done: 22**Best Practices Level III****To Be Done: 5****In Progress: 5****SCOREBOARD****Time Left: 5mos.**

It takes every member doing their part to be a Best Practices chapter. Many of these items are completed by the Executive Board. Let's support their effort by doing our part to make Na Kilohana 'O Wahine, the best it can be.

Study this list and think about which items you can contribute to. Make the commitment to help Na Kilohana 'O Wahine win Best Practice again. Bring in a new member

- Attend the regional conference
- Complete the member survey (even if we have completed this item)
- Participate in the SPOT analysis (Sept. meeting)
- Suggest and/or help with Member Education events
- Help prepare someone for WOTY or National Top Ten

Items Completed:

- Slate of Officers & Chairs Submitted
- Officers Elected
- Liability Insurance Paid
- Execs Complete 2014-15 Striving for Best Practices Course
- Execs Complete Creating Your ABWA Experience

Course Member Interest Survey

- Vision Statement on WIN
- Business Plan on WIN
- Budget on WIN
- Create 2014-15 Annual Business Plan folder in WIN Library
- Adopt Standing Rules
- Notice in Newsletter that Standing Rules were adopted (President's Message—Sept. issue)
- Create 2014-15 Standing Rules folder in WIN library
- Upload Adopted Standing Rules
- Create 2014-15 Newsletter folder in WIN library
- SPOT Analysis
- Maintain compliance with ABWA brand guidelines
- Website with National Requirements
- Facebook Page with National Requirements
- New Member 2014-15
- IRS 990N file
- Upload Business Plan, Budget, SPOT
- Copy of Tax Return in Binder
- Newsletters with National requirements

Items in Progress:

- Primary Members 24/30
- Professional Development Programs (45 mins) 5/9
- Upload Current Newsletter 5/5
- Sponsor 4 members to regional/national meetings 2/4

Items To Be Done:

- Chapter Woman/Man of the Year Elect
- Top Ten Nominee Elect
- Officers & Chairs dues current through **July 31, 2015**
- Awards Binder Complete and Send by **July 31, 2015** to ABWA National
- Awardee Acceptance at **2015** National Conference in Albuquerque, NM

Let's all do our part. Get Involved and be an ACTIVE member!!



Next Monthly Meeting: March 11th

American Financial Services
Center

1215 Hunakai Street—use
Kāhala Mall Hunakai Street en-
trance, lower level

5:30 p.m. - Networking
Dinner starts at 6:00

*Speaker: Myrtle Ching-
Rappa*
*Teamwork: Surrender the
“ME” for “WE”*

Raffles: A-M

Menu: Variety of hot dishes

Cost: (note lower cost)

\$15.00—Members

\$20.00—Non-Members

RSVP: Sunday, March 8th, through
Evite, www.abwahawaii.org or call
Patti 593-1803

Please note that any cancellations
received after 3/8 will be subject to
no-show fee of \$20

Vision Statement 2014-2015:

*“Na Kilohana O Wahine
believes in increasing the
value of women by
encouraging professional
development through
leadership, networking,
collaboration, and moti-
vating each other in our dai-
ly lives.”*

2014-2015 ABWA Annual Theme

65th Anniversary of ABWA! For 65 years, ABWA has strived to bring togeth-
er businesswomen of diverse occupations and to provide opportunities for
them to help themselves and others grow personally and professionally
through leadership, education, networking support, and national recognition.
Here’s to another 65 years: changing women’s lives one woman at a time!

Become an inspiration leader in your Association and you could: provide a fellow
member with the motivation to get involved with a local league; improve your own
business skills, like public speaking, and expand both your business and personal
networks; discover new opportunities within the Association, both at the local and
national levels; assist your local league in recruiting and retaining new members. With
committed members like you creating this ripple effect, our Association will continue
changing women’s lives one woman at a time.

ABWA
IS THE PLACE TO
CONNECT,
LEARN, &
GROW!

2014-2015 Chapter Officers & Committee Chairs

President: Marie Amarosa

Vice-President: Brandon Toro

Secretary: T. Haunani Yano-
Medeiros

Treasurer: Patti Ann Hokama

Auditing: TBD

Community Service: Mary Li

Fundraising/Advertising: Executive
Board

Professional Development: Yvonne
Ako and Cordie Fukuhara

History: Executive Board

Membership: Diana Gatdula and
Lesley Uemura

Newsletter: Myrtle Ching-Rappa and
LorMona Meredith

Nominating: TBD

Scholarship: Claire Arakawa

Website/Facebook/Publicity:
Executive Board

WOY/Top Ten: T. Haunani Yano-
Medeiros & Patti Ann Hokama

ABWA's Proud Code of Conduct

All members will serve as goodwill ambassadors for the American Business Women's Association.

Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.

Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.

Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.

Members will not use their personal power to advance their personal interests.

Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Message from Executive Board:

Please login to WIN: Complete the National Member Interest Survey.

Chapter Dues: If you haven't paid them yet, please bring \$24.00 to the meeting. IF your National dues are past due, please remedy that.

Bring your Mini-Garage Sale/Craft items for us to purchase and help you make some extra \$!

Share your raffle lucky number/silent auction items for us to grow!

Interested in starting the Members' Library again, let us know.

Create the Chapter that you desire—GET INVOLVED, PARTICIPATE!!

Marie Amarosa, President

Myrtle Ching-Rappa, LorMona
Meredith, Co-Editors
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O Wahine Chapter - Hawaii

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Future Events

March 11th—Monthly Meeting:

- Myrtle Ching-Rappa to present Team Building workshop;
- Nominate Chapter Woman of the Year, and National Top Ten Business Women Candidate;
- Elect nominating committee for chapter Executive Board

March 21st—Newsletter deadline

March 31st—Executive Board meeting at New Eagle Café, 6:00 p.m.

April 8th—Monthly meeting; vote for Woman of the Year and Top Ten Business Women Nominations

April 18th - Hanauma Bay clean-up and picnic; Spring Membership Enrollment, bring friends, family, colleagues

April 18th—Newsletter deadline

May 13th—Monthly meeting

- WOTY Celebration

Community Service

Our next big community service event will be cleaning up Hanauma Bay. This is our annual celebration of Earth Day.

Details will be in the next newsletter. Mark your calendar:

April 18, 2015

9:00 a.m.—11:00 a.m.—Clean-up

11:00 a.m.—12:00 noon—Picnic

Garden gloves will be provided, bring tools if you have them.

