

Na Kilohana O Wahine Chapter



Ignite Your
Dreams
in **ABWA**

Chapter No. 6289 - Honolulu, HI

A League of the American Business Women's Association

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The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition

The Women's Instructional Network will be accessible to all members through May 16, 2016. After which the Association will experience a temporary black out period where we will be converting to the new platform. The "go live" date for the Community Connections is scheduled for early June. Please check Patti's email from April 29th for additional information.

A member will be responsible for downloading her/his personal libraries, online course transcripts and certificates on or before May 16, 2016



May Topic: "Applying FISH! Philosophy to Organizations"

Myrtle Ching-Rappa, has made numerous presentations on "FISH! Philosophy, Catch the Energy, Release the Potential." This month's presentation will have a twist. FISH! Philosophy is a customer service program developed by the fishmongers at Seattle's World Famous Pike Place Fish Market. The principles of this program can also be applied to organizations. Several points that will be made during the presentation include:

- ◆ Ordinary happens, greatness is generated
 - ◆ Transformation happens when we see that we have a choice in how we live our lives
 - ◆ Creativity is only possible in a fun environment
- Problems are good things

Come to the May meeting to see what throwing fish has to do with generating greatness.





President Message

Hau'oli Mei (Happy May!)

I would like to send a great big shout out to our own Daun Watanabe for her great presentation on salary negotiation tips. It was a timely presentation for Equal Pay Day! Daun admitted that this was her first time giving a powerpoint presentation and I think she did a fantastic job. I applaud her courage for stepping outside of her comfort zone. Here is another prime example of how ABWA helps each of us to grow personally and professionally. What a wonderful way to hone new skills. With the support of our ABWA members, each and every one of us are allowed to try new things in a safe environment!

Mahalo also to everyone who showed up for our Clean Up Earth Day Community Service Project and Spring Enrollment Event at Hanauma Bay. Sonyei's church members did a wonderful job helping us to clear out a lot of invasive weeds. We also had a fab time after the work was done. Great fellowship and the opportunity to talk to a few women about ABWA.

Coming up Next: Are you ready to catch the energy? Myrtle Ching-Rappa will be helping us find ways to Catch the Energy & Release the Potential with FISH! Let's all come together to see how we can utilize the ideas in FISH to make Na Kilo-hana 'O Wahine an even better organization. We'll explore ways to boost morale and improve our results.

I'll sign off here, as Derek and I are flying off to Ohio to see Alex graduate from OSU. I hope to see you all at our May meeting. A hui hou kakou (Until we meet again...)

Aloha,

Claire

Wearing Red to support Equal Pay Day



Thank you Daun, for the great presentation!



Earth Day Community Service & Spring Enrollment at Hanauma Bay



2016-17 Nominees for Executive Board

The Nominating Committee, under the very able leadership of Patti Hokama has a full slate of officers for next year. The nominees include:

President – Myrtle Ching-Rappa
 Co-Vice Presidents – Yvonne Ako and Naomi Kwok
 Co-Secretaries – Mary Li and Daun Watanabe
 Co-Treasurers – Leilani Alcover and Anna Marie Tom

The floor will be open for any other nominations.

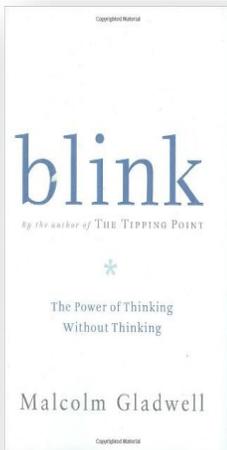
Member Ed Event

The initial Alice Inoue on-line course was well received, leading to a second, and hopefully monthly event. On June 11th, we will be presenting, another Alice Inoue on-line course, “Irritating Relations Clarity 101”. Here is the description on the Happiness U website:

Do you notice that certain people’s actions really irritate you? Do you find that no matter what you tell yourself or how much you try to ignore what they do, this friend, significant other, or co-worker’s action can still get under your skin? While we are taught not to sweat the small stuff, it’s actually the small stuff that zaps our energy and scatters our focus. So, how do you resolve relationship annoyances (whether the other person knows how you feel or not) without nagging outwardly or fuming inwardly? In most cases, it’s not what the person does or doesn’t do that’s the issue, it’s what this action represents. This class is for you if you are ready to face yourself, see the deeper meaning, and move towards understanding the real cause of your irritation!



Book Club — Our next book is:



Blink

Sonyei can get a special price of \$9.47
 (Thank you Sonyei!)

Book club will meet 6pm
 June 9th @ Starbucks on
 Ward Ave, next to Wahoo
 Taco.

ABWA’s Proud Code of Conduct



All members will serve as goodwill ambassadors for the American Business Women’s Association.

Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA’s mission.

Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.

Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.

Members will not use their personal power to advance their personal interests.

Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Next Meeting

May 11, 2016

American Financial Services Center
1215 Hunakai Street

Speaker: Myrtle Ching-Rappa

Fish! 

Philosophy to Organizations

Catch the Energy, Release the Potential

Menu: Hot meal, drinks Cost: \$15.00

Non Members: \$20.00

FREE Parking

RSVP: By Sunday, May 8th via Evite or call Yvonne 284-8550

Please note that any cancellations received after 5-8-16 will be subject to no-show fee of \$15 for members & \$20 for non-members

Raffles: A-M



5:30 p.m. - Networking, Dinner starts at 6:00

2016 Calendar

May

- ◆ 11th - Monthly Meeting (Catch the Energy, Release the Potential)
- ◆ 13th- Rock n Roll Night/**Rescheduled to July**
- ◆ 15th- Top Ten application deadline
- ◆ 15th- Exec Board Mtg
- ◆ 21st - Newsletter Deadline



In order to meet our fundraising goals this year, a garage sale will be held at Myrtle's house on June 25th.



As usual, help will be need the night before, as well as on that date. Good time to do spring cleaning. Drop-offs welcome beginning June 1st.

◆ June

- ◆ 1st - Deadline for ORG, BSTR
- ◆ 8th - Monthly Meeting (Professional Development speaker Katy Wolfsen)
- ◆ 11th- 1p.m. Members Ed Myrtle's House (Irritating Relationships)
- ◆ 14th - Exec Board Mtg
- ◆ 18th - WOY/Top Ten Celebration Assagios
- ◆ 25th- Garage Sale/Fundraiser Hawaii Kai

◆ July

- ◆ 9th - Rock n Roll Night/Fundraiser
- ◆ 13th - Monthly Meeting
- ◆ Perfect Attendance, Audit Committee Selection & Protégé Award?
- ◆ 31st - Newsletter Deadline & Best Practices Due



Na Kilohana ☐O Wahine
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Done: 23

To be Done: 4

Best Practices Level III

In Progress : 6

Scoreboard

Time left: 3 Mons

Done

- New Member 2015-2106
- Slate of Officers & Chairs Submitted
- Officers Elected
- Liability Insurance Payment
- IRS 990N filed 12/15/2015
- Member Interest Survey (10 min)
- GAP Analysis
- Vision Statement on WIN
- Business Plan
- Budget (Proposed)
- Create 2015-2016 Annual Business Plan-folder in WIN li-
brary
- Upload Business Plan, Budget
- Standing Rules (Proposed)
- Notice in Newsletter that Standing rules adopted
- Create 2015-2016 Standing Rules folder in Win library
- Upload Adopted Standing Rules
- Create 2015-2016 Newsletter folder in WIN library
- Maintain Compliance with ABWA's brand Fundraising event
- Chapter BrochureWebsite with National Requirements
- Facebook Page with National Requirements
- Chapter Woman/Man of the Year Elected
- Top Ten Nominated Elected
- Professional Development Programs(9-45 min) 9

To be Done

- Officers & Chairs dues current at July 31, 2016
- Copy of Tax return in binder
- Awardee Acceptance at 2016 National Conference
- Awards Binder Completed and Sent by July 31

In Progress

Primary members (30)	27
Upload Current Newsletters	4
Current Newsletters	9
National requirements Newsletter	3/4
Sponsor 3 members to regional/national	2

The Na Kilohana 'O Wahine 2015-16 Vision Statement
 "Na Kilohana 'O Wahine is a premiere group of uniquely talented & diverse individuals working together to support one another in personal and professional growth united in friendship. We aspire to empower women in our community to THRIVE through education, mentoring, skills & resource building."

