



Ka Lono Kilohana

**Na Kilohana `O Wahine
Chapter 6289
Honolulu, Hawaii**

TAKE FLIGHT IN ABWA! *American Business Women's Association*
A League of the

Inside this issue:

President's Message	2
Thanks, Mary	2
ABWA: A Sisterhood and	3
Top Ten/WOTY	4
Upcoming Events	5
Next Meeting	5



The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, edu-

Patti Hokama—"Understanding the Energy Flow—Feng Shui"



Taking your route to have an "Attitude of Gratitude"

Life is like a pendulum. We are always with the need to search for balance. Come learn how working with the energy can help you create it better for yourself. That is my interpretation for how to benefit from feng shui practices and I will share how I have learned to apply it in filtering, processing and living with what life offers us daily...

Here are excerpts shared from others to help us process what 2017 can bring for us.

"FEAR: Forget Everything and Run or Face Everything and RISE The choice is yours. In life, it's not where you go, it's who you travel with."

Because your future decisions and behavioral patterns depend largely on your "perception of what you experienced, if you perceived your experience as difficult or a hardship,

(Con't page 2—Feng Shui)

Feng Shui (Con't from Page 1)

then this can lead to ingrained patterns of avoidance in the future. On the flipside, if your perceived experience is of success and happiness, this will lead to the desire of more pleasurable experiences."

"Looking back on your life, you would likely be hard pressed to say that anything in your past should not have happened. In

fact, your most challenging experiences with their inevitable lessons may have ultimately brought you the greatest rewards. Not knowing the future keeps us just where we need to be--fully committed and in the present moment."

Come hear from Patti Ann Hokama, our EB consultant, Realtor Broker-Owner and Certified Feng Shui Practitioner.

President's Message

Myrtle Ching-Rappa



Hau`oli
Makahiki
Hou!

First, I apologize for missing the last two meetings.

My new year's resolution is to not miss any more ABWA meetings/ events for the rest of this award year.

With the new year comes not just resolutions but new challenges and new solutions.

Our big challenge is not just growing our membership but is now keeping our current ones.

Mary Li announced at the last Executive Board Meeting that she will not be renewing her membership. We thank her for her many contributions over the past years. We are looking for a new newsletter chair. I will be subbing until we find someone. If you are interested in learning how to use Publisher and putting together a newsletter, let me know.

We are also looking for a co-treasurer. Anna Marie Tom is holding down the fort but would really like to have someone to share the responsibilities with.

It was our hope to make the meetings more fun this year. Please let the exec board know if we have succeeded and give us any ideas for improvement. We're here for you.

Myrtle

2016-2017

Executive Board

- President: Myrtle Ching-Rappa
- Vice President: Yvonne Ako
- Secretary: Daun Watanabe
- Treasurer: Anna Marie Tom
- Consultant: Patti Ann Hokama

Committee Chairs

- Fund Raising: Lorraine Taki & Brandon Toro
- Hospitality: Jinnah Nakatani
- Book Club Coordinator: Sonyei Hijirida
- Website/Facebook/Publicity: Patti Ann Hokama
- WOTY/Top Ten: Sonyei Hijirida/Patti Ann Hokama

Thanks, Mary ...

For stepping in where ever we needed you. You took over the newsletter, spoke at our meeting, served as co-secretary, helped plan the holiday party and many other ways. We appreciate everything you've done and regret your departure.



Hope you will come to some meetings when you're in town.

Much Aloha,

Your WLOW Friends

ABWA: A *Sisterhood* and Brandon, too

By Mary Li

When I first joined our ABWA league, Na Kilohana `O Wahine, I wasn't sure if I would belong since I was no longer a "business woman." After retiring as a buyer and working 25 years, did I really want another career or be a business woman again? Working part-time at the Royal Hawaiian mall was low-key and was fine with me.

Why did I join ABWA then? It was after the ABWA Christmas party 4 years ago and seeing the camaraderie and Yvonne's positive outlook about her own experience with ABWA. She spoke about the different speakers, the meetings and the values that the group upholds and respects. Perhaps I could learn something too.

The variety and experiences that some of the speakers brought to the group and their knowledge was insightful and interesting. However, the main attribute that kept surfacing for me in the meetings was - how do we all blend work and life? That alone takes work!

Hearing the first hand stories of the speakers and the woman in our group and how it takes commitment to uphold strong core values. Plus the list can go on to add in education and even the simple act to remember to dream and see other possibilities.

When it all boiled down, ABWA and our own league provided me with an opportunity to learn a new skill with writing the newsletter. Also, with writing the newsletter, I received lots of support. There was a safety net that caught me when I needed it. Myrtle's guidance and patience helped me with Publisher and her pointers along the way to enhance the newsletter. Along with Patti's help and her editing skills. She was there in a heartbeat if I had questions and needed help. Plus Daun was supportive and took over when I was out of town. I felt our chapter of ABWA is a sisterhood, we can work together to accomplish goals. In a busy work culture and with

fast paced lives, support is a huge value.

Later on, it wasn't just about writing the monthly newsletter, it also gave me confidence and I started writing articles and sending them out to publications. I have gotten a few positive responses back and that is exciting.

Just want to share one of my favorite memories from our group and with Claire's support. It was after the book club at the Starbucks by Wahoo Taco on Ward. It was getting dark and a group of bikers with their motorcycles had surrounded my car in the parking lot. Claire saw this too and said she would walk with me to my car. She straightened her back and I could see her determination of getting me safety to my destination. Her confidence spoke volumes to me and took away my fear.

So thank you for taking away my fear of writing. Thank you for your confidence and support.

2016-2017

Executive Board

President: Myrtle Ching-Rappa

Co-Vice President: Yvonne Ako & Naomi Kwok

Secretary: Daun Watanabe

Treasurer: Anna Marie Tom

Committee Chairs

Fund Raising: Lorraine Taki & Brandon Toro

Hospitality: Jinnah Nakatani

Consultant to EB: Patti Ann Hokama





TOP TEN/WOMAN OF THE YEAR

2018 Top Ten Business Women of ABWA Recognition

ABWA has recognized hundreds of women for the coveted Top Ten Business Women of ABWA award since its inception in 1953. This award is intended to underscore a member's professional accomplishments (career advancement and academic achievement), contributions to her community and engagement in ABWA. The Top Ten Business Women of ABWA are selected by three business women from the Kansas City area whereas the **American Business Woman of ABWA** is selected by a panel of peers at the National Women's Leadership Conference. All Top Ten Business Women of ABWA are recognized at the annual National Women's Leadership Conference.

Eligibility Requirements for Members

To be considered for this prestigious award, the member must:

- Be a female and currently employed (part or full-time).
- Have been a member in good standing for at least three consecutive years as of May 15, 2017.
- Have a primary affiliation with the sponsoring league for at least *one year* as of May 15, 2017.
- Have served on the National Board of Directors and/or on the national/regional conference team and/or served as an officer, committee chair, league advisor for her primary league since 2014.
- Have sponsored at least three members since 2014.
- Have earned at least one Apex Award as of May 15, 2017.
- Have attended at least one nationally sponsored ABWA event (Regional Conference and/or the National Women's Leadership Conference) since 2014.
- All nominees for the Top Ten Business Women of ABWA will receive a ribbon and certificate.



A long standing tradition in ABWA is to recognize a member who has made a notable contribution to the success of their Chapter or Express Network in the current and/or past Award Year. We've included a list of action items, sample criteria and a judging template as a starting point. However, each league can customize their own Woman of the Year Award and define the selection criteria to best fit their league.

Na Kilohana `O Wahine will be nominating our WOTY at the January meeting. Please come prepared to nominate a deserving member for this honor. The nominee must meet the following criteria:

- Be a member in good standing
- Be a current or past chapter officer/committee chair
- Has made a major contribution in time or effort to the chapter
- Involvement in ABWA activities, offices or programs

Nominees will be judged on the following by fellow members (40 points max):

- ABWA Participation (15 points max)
- Formal education – accredited and continuing education (5 points max)
- Career accomplishments – career progression; and (10 points max)
- Community involvement (10 points max)

Nominations will be accepted for WOTY and Top Ten for 2017-18 at the January meeting. The election will take place in February to give the Top Ten nominee, if there is one to prepare her application for national recognition.

Members who have been previously selected as a Top Ten Business Woman of ABWA are not eligible to participate in this recognition program a second time.

Calendar of Upcoming Events

January

- ◆ 11th Monthly Meeting—Patti Hokama, Feng Shui
 - ◇ **Nominations for WOTY/Top Ten**
 - ◇ Newsletter Chair; Co-Treasurer
- ◆ 17th Executive Board Meeting

February

- ◆ 8th Monthly Meeting—
Vocational Speaker, Anna Marie Tom
- ◆ **11th Garage Sale—**
 - ◇ **Start Dropping off on February 6th**
- ◆ 15th Executive Board Meeting

March

- ◆ 8th Monthly Meeting
- ◆ 14th Executive Board Meeting
- ◆ 23rd-25th , 2017 Western Regional Conference—Long Beach CA
- ◆ 30th—April 1st, 2017 Central Regional Conference—Kansas City, MO

April

- ◆ 3rd Mentoring Monday
- ◆ 12th Monthly Meeting, Vocational Speaker: Yvonne
- ◆ 18th Executive Board Meeting
- ◆ 20th-22nd, 2017 Eastern Regional Conference—Naples, FL
- ◆ 22nd HBay Clean-up

Next Meeting: January 11, 2017

Speaker: Patti Ann Hokama

Topic: Understanding the Energy Flow of Feng Shui

5:30pm—Networking

Dinner starts at 6:00pm

Free Parking

Meet at:

American Financial Services Center

Address: 1215 Hunakai St.

Dinner Cost: \$15.00

Non Members \$20.00

RSVP: By Sunday, January 8, 2017

Via Evite

Please note that any cancellations received after RSVP date will be subject to no-show fee equal to cost of dinner..

Raffles: A-L

ABWA's Proud Code of Conduct

- All members will serve as goodwill ambassadors for the American Business Women's Association.
- Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
- Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
- Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
- Members will not use their personal power to advance their personal interests.
- Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging

Myrtle Ching-Rappa, Chapter
President and Newsletter Editor
Na Kilohana `O Wahine
374 Kaumakani St.
Honolulu, HI 96825

Phone: 808-227-2400
Email: info@abwahawaii.org



**A League of the
American Business**

Visit us online at:
www.ABWAHawaii.org