

KA LONO KILOHANA "THE SUPERIOR OF MESSAGES"

Na Kilohana O'Wahine Chapter #6289 District VI

Honolulu, Hawaii



Volume 1 Issue 9

April 2010

A CHAPTER OF THE AMERICAN BUSINESS WOMEN'S ASSOCIATION

President's Message

April 2010

Happy Easter!



If you missed the garage sale at Yvonne's home on March 20th, you missed an opportunity to see the Na Kilohana team of "Superior Women" in action. The executive board and I would like to extend a THANK YOU to all of you who made donations, worked to set up on Friday and packed everything up on Saturday, once the sale was over. We had a steady stream of customers from 6 am through 1 pm and it was a HUGE SUCCESS! Our sales surpassed any garage sale we've had in the past! To Yvonne and Curtiss, a very warm MAHALO for letting us use your home. Thank you to the members who kept us going with all of

the food and snack donations. We worked very hard, but we had a lot of fun too!

Please keep up the momentum because our major *Friends, Food and Fun* fundraiser is right around the corner. We're counting on all of you to sell your tickets! We've secured a wireless credit card machine for the convenience of those wanting to place their bids on the great silent auction items we've received. A volunteer sign-up sheet will be circulated as we will need all of our members to be there on April 20th, at Big City Diner.

Our hearts and prayers go out to Myrtle and her husband Peter and to Roelana and her family.

Remember to invite your friends



Our President Iris Yafuso

and business associates to our April 14th Enrollment Event meeting. Cordie and Linda have planned another "ABWA Celebration" and you won't want to miss it! Take care of yourselves!

Iris

March 20th ABWA Garage Sale Extravaganza!

Awesome Teamwork! Wow! Those were the words that describe our very successful fundraising garage sale! All sorts of items went flying off the tables and racks! We had it all! The "early bird" members got true bargains from the "Closet Collection" of Yvonne! All were amazed at the jewelry treasures from Gloria's storage clearance. Wait to see even more at the silent auction table

next month—we saved the best for last!! Thank you to all of the members for the donations, snacks, drinks and our enjoyable celebration lunch at Zippy's! Special thanks to Myrtle for the signs and Yvonne for her key location hosting! All in all, it was a FUN-raising event setting the momentum for our upcoming *Friends, Food, and Fun* event on April 20th.

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The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

Upcoming Events



Join Us! Mark the Date!
Bring a Guest! Be There!

April:
9th & 10th: District VI Spring Conference - Reno NV
14th: Dinner meeting: Spring Enrollment Event

20th: An Evening with "Friends, Food & Fun"—Big City Diner fundraising event

May:
12th: Dinner Meeting
Speaker: Dr. Diana Joy Ostroff, Naturopathic Physician, Doctor of Traditional Asian Medicine, Natural Healing Hawaii

May Craft Fair—come early to shop with your fellow Chapter vendors!

June:
9th: Dinner Meeting
10th: 33rd Anniversary of Na Kiloohana O Wahine Chapter

July:
14th: Dinner Meeting

August:
NEW CHAPTER YEAR!

Na Kiloohana O Wahine Fundraiser:

April 20, 2010

5-8 p.m.

Friends, Food, & Fun!

\$35 in advance

**Big City Diner
Ward Entertainment Center**

Lots of FREE parking

Announcements

Invite Guests
to our events
and Share the
ABWA
Experience!

Chapter Meeting:
Wednesday, April 14th
Spring Enrollment Event
Topic: ABWA

Time: 5:00 - 8:30 p.m.
Place: Japanese Cultural Center, 5th floor
2454 S. Beretania Street

Menu:
Steamed White Rice
Caesar Salad
Fresh Fruit Salad
Baked Ham with Glaze
Grilled Mahi with Tartar Sauce
Steamed Vegetables
Custard Pie

Ice Tea, Hot Coffee & Tea w/condiments

Cost: \$23.00 (no shows will be billed.)

Parking: \$5.00

Raffles: A-M

RSVP: Apr. 11th Sunday by 3:00 p.m. through E-vite or Fran Hamasaki 455-4737

Our chapter meets the second Wednesday of every month. Please join us!

Executive Board 2009-2010 Committee Chairs



Women IN Business

President: Iris Yafuso
master_kipper@hotmail.com

Vice-President: Yvonne Ako
akoyvonne@gmail.com

Co-Secretaries:
Leilani Alcover
leilani@hotmail.com
Vendy Goroza
lillianvg@hotmail.com

Treasurer: Donna Miyashiro
dmiyashiro001@hawaii.rr.com

Audit: Liz Robinson
Business Associate: Lauren Horikoshi & Yvonne Ako
Community Service: Myrtle Ching-Rappa
Enrollment Events: Cordie Fukuhara
Hospitality: Myrtle Ching-Rappa
International Night: Eliza Kim
Member Ed: Claire Arakawa
Membership: Roeana Alexander

Newsletter: Patti Ann Hokama
Nominating: Tis Eden
Program: Lynn Miller
Progressive Dinner: Sharon Matsuo
Publicity: Lynn Miller
Scholarship: Lee Ann Matsuda
Ways & Means: Patti Ann Hokama
Website: Lee Ann Matsuda
WOY/Top Ten: Myrtle Ching-Rappa & Lee Ann Matsuda



2010 Best Practices Award for Na Kilohana O Wahine

Best Practices Goal Tracking Update

- Chapter Requirements: League in good standing & in IRS Compliance! *O.K.*
- New Slate in good standing by 6/30! *O.K.*
- Paid Insurance fee... *O.K.*
- Member Interest Survey and Results! *O.K.*
- Chapter Business Plan! *O.K.*
- Chapter Budget! *O.K.*
- Nine (9) Professional Development programs that are 45 minutes in length ...*2 to go.*
- Adopt standing rule to include Code of Conduct in each newsletter! *O.K.*
- Six (6) newsletters... *O.K.*
- Recognize WOY/Top Ten....*will do.*
- Membership— (30 Level III , 40 Level II, 50 Level I) chapter members as of 7/31.
- 31 members as of March....*
- Sponsor conference attendance—(3 Level III, 4 Level II, 6 Level I) ... *will do.*
- Submit Best Practice Binder to National by 7/31... *will do.*



ABWA Scholarship Opportunities

The Stephen Bufton Memorial Education Fund (SBMEF) exists to provide educational grants and scholarships to women pursuing undergraduate and graduate degrees as well as ongoing professional development in order to support their career advancements and to help them become role models and leaders for the future.

National Awards
This year's national graduate awards are: \$10,000 Hilary A. Bufton, Jr. Scholarship for Finance; \$3,000 Glorine Tuohey Memorial Scholarship for Nursing; and \$3,000 President's National Scholarship for Computer Science.

Outright Grants
Our Chapter will sponsor one applicant for a \$1500 SBMEF Outright grant award. Women with a 2.5 GPA or better at the sophomore level of a 4 year degree program may be eligible. Deadline is 4/15/2010.

Special Scholarship
A \$1000 award to a student in a licensed, accredited vocational technical school or community college authorized to confer associate degrees will be made this year. Deadline for applications is 5/15/2010.

Business Skills
Tuition reimbursements up to \$500 for non-degree coursework to enhance career objectives are still available through our chapter. Multiple award to chapter members may be made.

More details available through Lee Ann Matsuda, our 2010 Scholarship Chair: lamatsuda@gmail.com



Save the Date!

2010 National Women's Leadership Conference October 28-30th Chattanooga, Tennessee

Join Lee Ann Matsuda and ABWA members from across the country for another exciting ABWA experience! See Rock City Gardens, Ruby Falls, Coolidge Park, Riverbend and the Chattanooga Choo Choo!!



Na Kilohana O Wahine is proud to be the chapter of two National "Forever 10s" Myrtle Ching-Rappa & Lee Ann Matsuda !

Top Ten Business Women Judging Standards

All national Top Ten candidates are judged in five areas according to the following point system:

1. **Personal Goals:** Personal and professional goals two to five years out, how ABWA has helped you achieve your goals, what you've done to fulfill ABWA's mission. 10 points.
2. **ABWA Historical Profile:** Involvement in ABWA activities, offices, events or programs, number of members sponsored. 10 points.
3. **Formal Education:** Accredited or continuing education completed. 5 points
4. **Career Accomplishments:** A resume format that describes the progression of the candidate's career. 20 points
5. **Community Involvement:** A description

of what the candidate has give back to her community. 5 points.

The maximum number of points a member can receive is 50.

Candidates are female, employed, a current or past chapter officer, has been an ABWA member in good standing for at least three years as of May15 and has been a primary member of this chapter for at least one year as of May 15.

Being named Woman of the Year is a great honor—one that's highly respected by ABWA members.

Chapter Woman of the Year

The Woman of the Year program was designed so every chapter annually recognizes a member who has made notable contributions and outstanding achievements to ABWA. Being named Woman of the Year is a great honor—one that's highly respected by ABWA members.

Our chapter's judging point system:

ABWA Leadership: Embodying the mission of ABWA. Positions held as special chairs, standing committee chairs, officers. Major contribution in time or effort to the Chapter. Involvement in activities, offices or programs, members sponsored.

Education: Post Secondary education, Continuing Education, ABWA

conferences attended.

Career Accomplishments: Description of the progression of career or attached resume.

Community Involvement: Extent of involvement in additional organizations—what was given back to the community.



Phone a friend today and welcome them to our world—ask them to come check out our Spring Enrollment Event!

American Business Women's Association: The Place to Be!

Spring Enrollment is here!

You know how tough it can be to juggle all of the responsibilities in life such as career, children, aging parents....and so do your sisters in ABWA. Our chapter, as a part of the national ABWA network, makes it possible for you to make the most of every opportunity to create your own success, no matter

how many roles you assume in life.

ABWA is the place to connect, the place to learn (through member education programs), and the place to succeed (both in workplace and in your personal life) with your tireless support system of your fellow chapter sisters. As they say, "we've got your back,"

because we do our best to stand beside you to help you not fall.

So, look around you and see who you may think should become one of our Na Kilohana O' Wahine Chapter members! Invite them to come check us out at our next meeting! Add them to our E-vite list and let the fun begin!

Chapter Officers Nominations on the way...

Nominating Chair Laetitia "Tis" Eden and her committee will be calling.....be willing to serve....

Brief description of the roles of Chapter Officers:

President: Facilitator of Chapter and keeps chapter informed of updates, recognizes accomplishments, welcomes and introduces new members. Makes the agenda and presides over Chapter and Board meetings.

Vice-President: Chapter Hostess, plans and coordi-

nates orientation sessions for new members. Assists in recruiting and retaining new members. Tracks Best Practices.

Treasurer: Responsible for the financial records. Obtains signature cards for new Chapter officers. Issues payments for events, scholarship, SBMEF contribution, annual dues to National. Collects dues/payments. Balance checkbook and funds monthly. Issues financial report monthly.

Secretary: Responsible for the record-keeping. Submits minutes of Executive Board meeting within three (3) days after meeting to President. Submits minutes of Chapter meeting within five (5) days after meeting to members. Submit minutes/report/tally info within five (5) days after election to National. Membership reporting to national, guest follow up, perfect attendance records.



Ready for our new slate of officers for our Next Chapter Year: August 2010

Other Committee Roles & Descriptions

Auditing: Audit treasurer's accounts.

Fund-raising: Present recommendations for projects that will provide sufficient funds for the chapter that should be used to support the chapter's goals. (The goals for the chapters are to increase the business efficiency of all members; improve the earning power of all members; promote good relations between employers and employees; assist members in securing employments; advance members in a social, business and educational way; and assist women in the community to better themselves through professional development.)

Hospitality: Responsible for reservations, food, and other special arrangements for meetings. RSVP list and on-line E-vite program. Bring pens, invocation/benediction sheets, raffle basket & tickets, get validation

stamp, bring guest check-in list, guest name badges, members name badges, collect \$ for meeting, raffles, total and provide \$ and list to Treasurer. Provide copy of guest list to President and Secretary.

Membership: (Enrollment) Encourage membership retention and promote membership recruitment either in its chapter or in the formation of a new chapter. Maintain an accurate chapter roster and report all status, name, email and address changes to the secretary of ABWA National. Cross reference information on the WIN site. Assist the vice president in performing her duties as chapter host.

Newsletter: Publish a chapter newsletter, at least six times a year coordinate its distribution. Announce the time and place of the next meeting, stimulate interest In up-

coming speakers and chapter projects, encourage attendance, introduce new members, recognize accomplishments of members, streamline meetings, reports, agendas, and other information that allow members to come prepared to vote. Serve as a networking tool, involve business through advertising, include list of Committee Chairs and contact information.

Nominating: Present slate of officers to members.

Professional Development: (Member Ed, Scholarship, Community Service) Review the professional development programming at ABWA spring & national conferences with the membership.

Program: (Hospitality, Business Associate, International Theme Night, Progressive Dinner) Survey members annually to determine areas of business interest. Compiles and reports survey results

to Executive Board. Makes recommendation on business and market relevant program topics. Plan, select and schedule professional development programs/speakers for chapter meetings and other special events as requested. Introduce guest speakers. Responsible for planning the time, place, reservations, food and other special arrangements needs for meetings or events.

Publicity: (Website) Send promotional information to all appropriate media covering national, chapter and member achievements as well as chapter activities. Attract prospective members, reinforce present membership, generate corporate support, build ABWA awareness in the community.

WOY/Top Ten: Confirm special recognition given to honor our fellow chapter members! Fun!

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Chapter Emblem:
An original Hawaiian interpretation
of ABWA's traditional flower, the
white carnation.

Na Kilohana O'Wahine Chapter
"The Superior of Women"
Founded 1977

We're on the web!

www.abwahawaii.org

ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

Member News

Active Sports Massage Grand Opening

**Special rates for ABWA
Na Kilohana members!**

Call Mati at 396-2230



Cordie Fukuhara, Mati Sapolu-Palmer and Linda Yamashiro.

On March 7, 2010, fellow ABWA members helped celebrate the grand opening of Mati Sapolu-Palmer's newly relocated massage studio at Koko Marina.

Member Tis Eden, Owner of "A Well Organized Space," provided organizational consultation to help Mati set up her office/studio in tip-top shape!

In the photo (right) adorable Baby Ethan with his proud parents. Doesn't Mom (member Eliza Kim) look fantastic?

