

Ka Lono Kiloohana

A Publication of the Na Kiloohana O Wahine Chapter of the American Business Women's Association

Chapter 6289 District VI ~ ~ Honolulu, Hawaii ~ ~ ~ January 2008

Business Associates Night

Wednesday, January 9, 2008

5:30 pm to 8:30 pm

Japanese Cultural Center, 5th Floor

2454 S. Beretania Street

2008 Economic Outlook



What can we look forward to in 2008? Join us and learn what's on the horizon from Hawaii's premier economist. Paul H. Brewbaker is Senior Vice President and Chief Economist with Bank of Hawaii where his responsibilities include research on financial and economic risk and working in the bank's Treasury. He received his bachelor's degree in economics from Stanford University and his doctorate in economics from the University of Hawaii. Brewbaker did graduate work and lectured both at the University of Wisconsin and at the University of Hawaii. He began doing research in The International Banking Division at Bank of Hawaii as a student in 1981 and joined the Bank's Economics Department as an economist in 1985.

Bring your business associates to this event so they can learn why ABWA is the place to be in 2008!



Local Website :
www.abwahawaii.org

National Website:
www.abwa.org

What's Inside

- President's Message 2
- Member Education 3
- Mystery Member 4
- Events 4
- Holiday Highlights 5
- Code of Conduct 6

ABWA Mission

To bring together businesswomen of diverse backgrounds and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

Monthly Meeting Minder

Menu

- Sushi, Somen Salad, Namasu
- Sweet Potato Tempura
- Chicken Nishime
- Teri Beef
- Sautéed Mahimahi
- Chichi Dango

RSVP by 10 am Monday January 7

to Linda Yamashiro

432-5391(bus) 394-2072(home) or
through e-vite

No Shows will be billed

Cost: \$23 / Parking: \$3



Na Kiloohana O Wahine
"The Superior of Women"
Founded 1979

Meets the second
Wednesday of every month

Chapter Emblem

An original Hawaiian
interpretation of ABWA's
traditional flower, the white
carnation.

2007—2008 Executive Board

President
Patti Ann Hokama
Vice President
Iris Yafuso
Secretary
Linda Yamashiro
Treasurer
Elizabeth Robinson

2007 Top Ten Business Woman of ABWA

Myrtle Ching-Rappa
Director, Center of Career
Development & Student
Employment UH Manoa

Ka Lono Kiloohana

The Superior of Messages
Newsletter Editor
Lee Ann Matsuda
95-312 Ikaloa Place
Mililani, Hawaii 96789
lamatsuda@gmail.com
Phone: 286-5660

President's Message



Happy New Year!

The calendar year went zooming by....thank you for the wonderful holiday season spirit at our recent December get-together – so many colorful, cute and ono goodies. We had fun with hard-kine brain games from Myrtle since Yvonne, our usual "head of games" was missing-in-action. Thank you Myrtle for the fabulous prizes!

Also, thank you also for the well-intended participation in the Angel Tree event and the great turnout for the Gingerbread Festival assistance in the Easter Seals Hawaii T-shirt sell-out! The down to the wire plea led to our sell out of the E-books, too! Thank you to Iris – double the \$ so we can have double the fun?!

Let's get going because we all heard that its going to be GREAT in 2008! Check out the newsletter for the details on all our upcoming events! Welcome back to Karen Yonemoto who rejoined us! Be sure to invite your business associates to come and hear Paul Brewbaker as we will be hosted by co-chairs Claire & Yvonne!

Keep Smiling!

Patti Ann Hokama

President 2007—2008

Mahalo!

Thank you to this issue's special contributors:

Myrtle Ching-Rappa * Donna Miyashiro * Iris Yafuso

A belated mahalo to Cordie Fukuhara for last month's self intro article.

Please submit all articles for the next issue by Monday January 21. The editor will be traveling and late submissions can not be accommodated.

Help Wanted!

We are looking for reporters to write member profiles for future issues. It's a fun way to get to know your fellow members. If you're interested, contact Lee Ann for details.

Generations at Work—Colliding or Collaborating

Join us for a member education workshop to be held on Saturday, February 23, 2008. There is no cost to members and invited guests.

There are four distinct generations in the workplace today. From the **Traditionalists** (Born 1900-1945) values drawn from the Great Depression; **Baby Boomers** (Born 1946 – 1964) eighty million strong; **Generation X** (Born 1965 -1980) smaller but very influential at forty-five million; to the **Millennials** (Born 1981-1999) aka Generation Y or Echo-Boomers, seventy five million strong. These dates and numbers vary slightly among research companies in the business of studying generations.

With different generational values and priorities, from the way we communicate, dress (up or down), develop work relationships (or not), to balancing our lives, today's workplace is challenged with understanding the great generational divide and how it is affecting the way we work together, for better or for worse.

Gwen Fujie will give you a few insights into each generation and offer some thought provoking questions and creative ideas to consider in bridging the generation gap.

A former ABWA member, Gwen Fujie is a professional speaker whose mission is to *"help people and businesses increase their personal and professional effectiveness."* She has presented to thousands of individuals and hundreds of organizations, small businesses and major corporations across the country. Prior to starting her own speaking business in 2002 she worked in the private and public sectors, on the frontline to senior management. Visit her website at <http://gwenfujie.com>.

Please come by at 8:30 for a potluck breakfast. The session will start at 9:00 am.

Call Iris at 694-1423 for more information.



Highlights from Chill Out Stress Workshop



No, no, no, Stephan McCall, Health Educator at HMSA didn't bore members to sleep. On November 17, Na Kilohana O Wahine hosted a member education workshop on stress management. Stephen lead members through several relaxation exercises. Attendees took their pulse before and after the seminar to measure the difference that relaxation exercises make. He also led members through a laughing exercise. Laughter is still the best medicine!



Mystery Member



These mystery footsies appeared in the last newsletter. Did you guess that they belonged to 13 year ABWA member Yvonne Ako?

Yvonne is married to Curtiss Ako, a science teacher at Dole Middle School. Her daughter Jasmine is a senior at Punahou and her son Brian is a freshman at UH Manoa. They live in Kahala along with their cat Garfield and Sunny, their bird. Yvonne and Curtiss have recently taken up golf—watch out for those balls! You can also find Yvonne at the Honolulu Club working out (as well as getting manicures and pedicures) so that she can enjoy one of her favorite hobbies - eating!

A UH Manoa English major, Yvonne has had a diverse career, starting off in the elderly program at Catholic Social Services, and then moving on to be the special events coordinator at the Chinese Cultural Center (Yvonne is of Chinese and Korean descent.) The need to earn extra cash introduced her to the world of real estate as a part time agent. Ironically, it was not her sales skills, but her typing skills that eventually earned her a job at Wells Fargo Mortgage which lead her to her successful career in lending. She is now a vice president at Bank of Hawaii and the assistant sales manager in residential lending.

Yvonne's favorite saying is "You can never have too many friends or too many shoes..." At last count, 53 pairs graced Yvonne's closet. However just as the national debt continues to grow by the minute, so does Yvonne's shoe collection. It was unconfirmed at press time what her latest shoe count was.

Yvonne is a past president, woman of the year and top ten nominee of the chapter. She is currently on the fundraising committee.



ABWA Volunteers help sell out t-shirts for Easter Seals Hawaii at their annual gingerbread festival.



Saturday January 26. 8 am

Lynn's House on Woodlawn Drive

Help set up Friday evening.

Got any holiday gifts you can't use? Overdue for clearing out clutter for the new year? Save all of your items (remember, one person's trash is another's treasure) and bring them to the garage sale. Ask your family & friends if they have any items they want to donate. If you have brand new items such as small appliances, we may be able to use those as raffle items for the chapter.

Come and help at the sale even if you can not stay for the whole event. Lunch will be provided for volunteers.



A Taste of Italy

Thursday April 3, 5:30 to 8:30

Pasta Basta by Chef Donato

Food, wine and beers from Italy will highlight the evening. We need all members to help solicit for silent auction items. Provide Iris or Patti with names of contacts. Save baskets & ribbons for our silent auction packages. Sell tickets to the general public for \$45 and buy one for yourself for \$30. We need everyone's help to make this event a success!



a (ABWA) Christmas Story

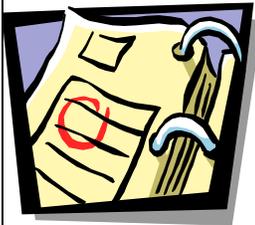
The annual Christmas celebration on December 12 was enjoyed by all – even if the games required more thinking than most wanted to do. The goodie exchange was exceptional with much creativity shown by members. Myrtle led a fun grab bag exchange as we listened to her story of Lefty and doing the Right thing. One of the games required members to write a Christmas story using a list of ABWA and Christmas words/names that were provided. The following is the story that showed the most creativity. The underlined words were on the list of words/names to be used.

Santa Claus was hired by Prudential Financial. By day he sold insurance. By night he gae away scholarships. At the Jingle Bells ball, he received national recognition for his work. While at the ball, he did a round of express network dating, where he met Carolyn Elman. She became his woman of the year and it was printed in the newsletter. They spent a very silent night on their honeymoon at Niagara Falls. Upon returning from their honeymoon, they went to a monthly meeting, where they did networking with candy canes.

Santa used his company connections with Sales.Genie.com to increase membership. Meanwhile, Osram Sylvania, the CEO of William Gerard Productions, was on a search for leadership. He heard G.M. Goodwrench doing member education by singing Jingle Bells. Finally, Frankenmuth sighed, "Oh! Oxygen" because he had the wrong style guide. So he threw up his hand and shouted Mele Kalikimaka!

The team consisted of two members, two spouses, and a guest. They managed to use all of the words from the list including "Jingle Bells" twice. Of course, members will recognize many of the words as words from the ABWA mission statement, or benefits of membership, and many of the names as national sponsors or locations of various 2008 spring conferences. Well done!





Save
the
Date!

Monday	Jan 21	Honolulu Advertiser Tour (10am)
Saturday	Jan 26	Fundraising Garage Sale (8 am to Noon)
Wednesday	Feb 13	Monthly meeting
Saturday	Feb 23	Generations at Work workshop
Thursday	April 3	A Taste of Italy—Wine Tasting Fundraiser



Gerri, Leilani, Sharon, Nancy

WELCOME NEW MEMBERS

Gerri Migita, Program Specialist, State of Hawaii

Sponsored by Leilani Alcover

Sharon Cole, Division Leader, Primerica Financial Services

Sponsored by Nancy Walter

ABWA 's Proud Code of Conduct

Ethical dilemmas occur as a result of values in conflict. ABWA's Proud Code of Conduct was developed as a means of guiding all members in making ethical decisions. The broad statements of the code of conduct that are listed below are not expected to cover all conduct for all situations, however. This is why the Proud Code of Conduct was created as a living and fluid code.

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.



American Business Women's Association
95312 Ikaloa Place Mililani Hawaii 96789

