

# Ka Lono Kiloohana

A Publication of the Na Kiloohana O Wahine Chapter of the American Business Women's Association

Chapter 6289 District VI ~ ~ Honolulu, Hawaii ~ ~ ~ August 2007

## FISH! Fresh Ideas Start Here!



Energized ideas will be running.....and we're going fishing....When?

Wednesday, August 8, 2007

5:30 pm to 8:30 pm

Japanese Cultural Center

2454 S. Beretania Street

Be ready to catch an abundance of ideas for the 11 months ahead as our Executive Board leads us through a super brainstorming session with lots of games, prizes & excitement. Don't miss this session as we plan the year ahead as a team so we can Engage, Experience & Excel!

### Highlights

- ▶▶▶ Taking the D out of Fundraising ◀◀◀
- ▶▶▶ The ABCs of Budgeting ◀◀◀
- ▶▶ Food for the Brain: Educational events ◀◀
- ▶▶ Share the Knowledge: Mentoring teams ◀◀
- ▶ Keeping the Order: Standing Rules ◀



Na Kiloohana O Wahine :  
[www.abwahawaii.org](http://www.abwahawaii.org)

National:  
[www.abwa.org](http://www.abwa.org)

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### ABWA Mission

To bring together businesswomen of diverse backgrounds and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

## Monthly Meeting Minder

Menu:

- Meat Loaf
- Shrimp Scampi
- Fruit & Garden Salad
- Rice Pilaf
- Custard Pie

RSVP by Friday August 3  
to Fran Hamasaki 455-4737  
or through e-vite

*No Shows will be billed*

Cost: \$22 / Parking: \$3

Raffles: N to Z

Members who have responded:

YES: Claire, Donna, Fran, Gloria, Iris, Lee Ann, Liz, Lynn, Nancy, Patti, Yvonne.

NO: Myrtle

Hi Na Kilohana O Wahine Chapter!

## President's Message



First, let's thank our Past President Gloria Kelly for leading our chapter to yet another successful year as we await confirmation on achieving the Standard of Achievement award. Wow!

As we approached this new Chapter year, I could feel the energy through your enthusiasm – each one of you is so full of ideas and support to move us forward in a positive exciting direction. We do have great achievers all around us, many of them we recognized with our Chapter Awards like Myrtle Ching-Rappa as our fantastic representative as one of the Top Ten Business Women of ABWA; Iris Yafuso as our Chapter Woman of the Year; Lee Ann Matsuda who will represent us as the vocational speaker at our State Joint Chapter Event and each and everyone of the Officers and Committee Chairs. Fran Hamasaki did an impressive job coordinating our dinner menu and the follow up to get us all to the meeting; Donna Miyashiro created excellent enrollment events and came up with fun customized perfect attendance awards; Teresa Sakurada educated us with detailed explanations of the grants and scholarship programs that we offer to the public and our fellow members.

But did you also know that Carol Sartain was the Salesperson of the Year for her company? Have you seen Yvonne Ako in action as an amazing representative for Bank of Hawaii as she takes the forefront at so many events? Even our recent Chapter President Gloria Kelly who took the leap to retirement achieved her goal to also take her husband back to Ireland for a family vacation! I know that Chassidy Shinno will someday be our Governor, too. And one of the greatest challenges that we face is showing the compassion given by so many of our members who have now taken the role reversal in caring for their aging parents and relatives – our deepest respect to Cordie Fukuhara, Roberta Takamoto, Roena Alexander, Lillian Goroza - please know that we are here to help provide you with the emotional support you may also need at this time.

I am really proud to be associated with the diversified members in our Chapter and am confident that we will all accomplish the goals and mission of ABWA as we have fun doing it together! How many of our new members will win the Protégé award for their first year in the Association? How many will win "Perfect Attendance" this year? Let's strive to reach the Star award and double our membership! Remember this year's national theme – E to the power of 3 – Engage, Experience, Excel!!!

Keep Smiling!

*Patti Ann Hokama*

President 2007—2008

### Na Kilohana O Wahine

*"The Superior of Women"*

Founded 1979

Meets the second  
Wednesday of every month

### 2007—2008 Executive Board

President  
Patti Ann Hokama

Vice President  
Iris Yafuso

Secretary  
Linda Yamashiro

Treasurer  
Elizabeth Robinson

2007 Top Ten Business  
Woman of ABWA

Myrtle Ching-Rappa  
Director, Center of Career  
Development & Student  
Employment UH Manoa

### Ka Lono Kilohana

*The Superior of Messages*

Newsletter Editor  
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## Committee Chairs 2007-2008

*Who's in Charge?*

### **Membership**—Gloria Kelly

Fall Enrollment Event Frances Hokama (co)

Spring Enrollment Event Lynn Miller. (co)

### **Community Service** Fran Hamasaki & Roana Alexander

**Hospitality** Linda Yamashiro & Nancy Peicich

### **Program** - Myrtle Ching-Rappa

International Theme Night Fran Hamasaki

Progressive Dinner Event Sharon Ito-Matsuo

Business Associate Event Claire Arakawa & Yvonne Ako

### **Fundraising** Carol Sartain & Iris Yafuso

### **Professional Development**

Member Education Iris Yafuso & Lynn Miller

Scholarship Corrine Agno

### **Newsletter** Lee Ann Matsuda

### **Publicity** Donna Miyashiro

Website Donna (co)

Scrapbook Donna (co)

History Gloria Kelly (co)

First year members are eligible for the **Protégé Award** if they:

1. Attend 10 or more meetings
2. Participate in an activity to support the Chapter
3. Sponsor one new member

*How many will win?*

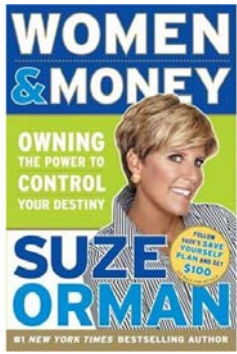


## Survey Results

What do you value in your membership with our Chapter?

1. Developing Supportive Friendships
2. Giving back by community service involvement // Educational Events
3. Creative Energy to grow and improve self
4. Networking Opportunity // Pride in association with our Members
5. Diversity of our Membership
6. Business Skills Development // Awarding Scholarships
7. Fulfillment of seeing others grow & apply skills & knowledge
8. Understanding & appreciating how we got to where women are today
9. Travel to Spring/National Conferences
10. Mentoring Options // Gaining knowledge in budgeting & planning // Learning practical applications as leaders

*What we're thinking...*



## Suze Orman's 8 Qualities of a Wealthy Woman

Excerpted from "Women & Money: Owning the Power to Control Your Destiny"  
by Suze Orman

As interpreted by Patti Ann Hokama



**1** Harmony – one must think and do as one. I have watched so many times where I believe that women internally feel one way but yet we hold back and act another way. There is a need to have your feelings and thoughts become one with your actions.



Once we are in harmony with one's internal self, we are then in Balance.

Being in balance allows us to make good decisions.



Then being in balance brings forth the Courage to have the energy to quiet our fears.



Next we need to have Generosity to the level that when we give, you will also feel that you have given to yourself as well. In other words, doing for others also brings oneself a satisfaction of goodness within.

This leads to Happiness because you can feel the harmony, balance, courage and the joy of being generous.



Along with happiness, you have Cleanliness. It is when you are happy, that it gives you the ability to achieve an uncluttered surrounding and peace in your mind.



As you feel organized and free, you will feel the Beauty of yourself.



All this brings you Wisdom because you will make right decisions as you share in this state of mind.

*Every one of our members in the Na Kilohana O Wahine Chapter has the right to possess all the qualities of a wealthy woman. We just heard how our own Nancy Walter traveled around the world in fifty four weeks and also lugged around her one pound quilting machine to allow herself to spend the time on another one of her favorite things to do! She has come full circle and you can see the balance in her being.*

*Let's all strive to achieve the balance of both our professional and personal lives within ourselves as we perceive it to be – not necessarily just believing that we need to have the ability to do it all or we are not successful.*

# 2007-2008 Na Kiloohana O Wahine Chapter Calendar

AUGUST '07						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**8** Monthly Meeting  
Chapter dues due

**17** Admissions Day

**29** Exec Board Meeting

SEPTEMBER '07						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**3** Labor Day

**6** Joint Chapter Event

**20-22** National Conference

**22** ABW Day

**26** Exec Board Meeting

*Meeting Notice in Lieu of Newsletter*

OCTOBER '07						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**8** Columbus Day

**10** Fall Enrollment Event  
Nat'l Conference Rpt

**31** Exec Board Meeting

NOVEMBER '07						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

**12** Veterans Day

**14** Meeting

**22-23** Thanksgiving Break

**28** Exec Board Meeting

*Plan for Business Associate (Jan)*

DECEMBER '07						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**9** Gingerbread festival

**12** Holiday Party  
\_\_\_ Angel Tree

**25** Christmas Holiday

**26** Exec Board Meeting

*Meeting Notice Only*

JANUARY '08						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**1** New Year's Day

**9** Business Associate Event

**21** M.L. King Jr. Day

**30** Exec Board Meeting

FEBRUARY '08						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

**13** Meeting  
WOY/TopTen Nominees

**18** Presidents' Day

**27** Exec Board Meeting  
*Plans for Spring Enrollment (April)*

MARCH '08						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**12** Meeting  
WOY/Top Ten Voting

\_\_\_ Progressive Dinner

APRIL '08						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**9** Spring Enrollment Event  
*Nominating Committee Plans for Intl Night (June)*

\_\_\_WOY/Top Ten Event

**30** Exec Board Meeting

MAY '08						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**14** Meeting

**26** Memorial Day

**28** Exec Board Meeting

JUNE '08						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**10** Chapter Birthday

**11** International Night

**25** Exec Board Meeting

*No Speaker Meeting Notice Only*

JULY '08						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**4** Independence Day

**9** Meeting  
*Perfect Attendance Award Officer Installation*

## *Alii Kula Lavender Farm—June 23, 2007*



*Iris Yafuso, Woman of the Year*

Thirty members, family & friends hopped planes on Saturday June 23rd to honor Iris Yafuso, Na Kilohana O Wahine Woman of the Year at the Alii Kula Lavender Farm on Maui. Iris has changed countless women's lives through her unwavering commitment to the mission of ABWA for the past 26 years. Thank you Iris for making a difference.



Alii Chang, Lavender Visionary



Organic garden salad

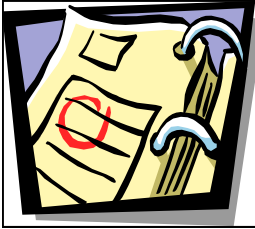


We were treated to a specially made breakfast & lunch with lavender infused dishes. Lynn, Myrtle, Yvonne, Linda & Claire enjoy the demo put on by the chef.



There were still remnants of the Protea farm that existed prior to the lavender farm.





Mark  
Your  
Calendars!

ABWA Joint Chapter Event ~~~ Thursday, September 6, 2007  
Japanese Cultural Center ~~~ 5:00 - 8:45 pm Cost \$29+\$3 Parking  
Keynote Speaker: Virginia Hinshaw Chancellor, UH Manoa  
Vocational Speaker: Lee Ann Matsuda, CFO, Easter Seals Hawaii

There's still time — August 9 is the Early registration deadline for the 2007 National Women's Leadership Conference on September 20-22. Take your professional development to new heights and join Na Kilohana O Wahine members Patti Ann Hokama and Yvonne Ako in Greensboro, North Carolina. It's the Place to Be!

Check it Out! As an ABWA member, you are entitled to Members Only Special Offers! <http://www.abwa.org/Specials.asp>

### *ABWA 's Proud Code of Conduct*

Ethical dilemmas occur as a result of values in conflict. ABWA's Proud Code of Conduct was developed as a means of guiding all members in making ethical decisions. The broad statements of the code of conduct that are listed below are not expected to cover all conduct for all situations, however. This is why the Proud Code of Conduct was created as a living and fluid code.

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.



American Business Women's Association  
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